

# Hamilton High School

## BREAKFAST

**Daily Breakfast Entrées Include:** 100% Asst. Fruit Juices, Fresh and Asst. Canned Fruit. 1% White and Chocolate Milk

### Monday

Mini Pancakes

### Tuesday

Whole Grain  
Maple Waffle

### Wednesday

Whole Grain Mini  
Cinnamon Rolls

### Thursday

Whole Grain  
Apple or Cherry Frudels

### Friday

Ham/Egg & Cheese  
Taco

### Breakfast Meal Deal

- (1) Entrée Choice
- (2) Fruit or Fruit Juice
- (1) Low-Fat 1% Milk (8oz)



\*Included daily with lunch are several

### Lunch Meal Deal

- (1) Entrée Choice (bread & protein)
- (2) Fruit Choice
- (2) Vegetable Choice
- (1) Low-Fat 1% Milk (8oz)

## HOME-STYLE CLASSICS

### Daily Entrées

#### Monday

Daily Special

#### Tuesday

Daily Special

#### Wednesday

Daily Special

#### Thursday

Daily Special

#### Friday

Nacho Bar w/WG Roll  
Soft Shell Tacos (Weekly)

choices of fruit.  
Fresh Apples &  
Oranges.  
Canned in juice  
Applesauce,  
Peaches, Pears,  
and Pineapple.  
100% Apple,  
Orange &  
Grape Juice.  
Also 1% White  
& Chocolate  
Milk. All breads  
and breadings  
are whole grain.  
Carrots,

Broccoli and Celery available daily.  
Baked Beans (Mon). Green Beans  
(Tues), Corn (Friday).

## CHICKEN & BURGERS

### Daily Entrées

Cheeseburgers served daily

#### Monday

Chicken Tenders w/Cheese Cracker

#### Tuesday

Chicken Bacon Club

#### Wednesday

Spicy Popcorn Chicken  
Breaded Chicken Sandwich

#### Thursday

Chicken Tenders w/Cheese Crackers  
Spicy Chicken Sandwich

#### Friday

Chicken Tenders w/Cheese Crackers  
Breaded Chicken Sandwich

## GRAB N GO

### Daily Entrées Include

#### Monday

Asst. Fruit Parfaits w/Muffin

#### Tuesday

Chicken Crisпитos w/String Cheese

#### Wednesday

Asst. Fruit Parfaits w/Muffin

#### Thursday

Chicken Crisпитos w/String Cheese

#### Friday

Asst. Fruit Parfaits w/Muffin

### Daily Entrées Include

Asst. Pizzas served daily

#### Monday

Cheese Stuffed Breadsticks w/Sauce  
Spicy Hot Wings w/Roll

#### Tuesday

Cheese Stuffed Breadsticks w/Sauce

#### Wednesday

Cheese Stuffed Breadsticks w/Sauce

#### Thursday

Cheese Stuffed Breadsticks w/Sauce  
Baked Pepperoni Pizza Sub

#### Friday

Cheese Stuffed Breadsticks w/Sauce

\*Menu Subject to Change

## FEATURED DAILY WRAP OR SALAD

### Monday

Turkey & Ham Wrap  
Chef Salad

### Tuesday

Turkey & Ham Wrap  
Chef Salad

### Wednesday

Turkey & Ham Wrap  
Chef Salad

### Thursday

Turkey & Ham Wrap  
Chef Salad

### Friday

Turkey & Ham Wrap  
Chef Salad