



# MARCH | 2023

## Hamilton Elementary Schools

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

27

Did you know???  
In 2022 Broccoli was voted the most popular vegetable in America



28

And...  
Bananas were the most popular fruit.



1

A. Chicken Nuggets w/Dinner Roll  
B. Straw. Ban. Yogurt w/ Apple Breadstick  
Steamed Broccoli

2

A. Hot Dog on Bun  
B. Pancakes w/Sausage Patties  
Cooked Green Beans

3

A. Beef Meatballs w/Mini Corn Bread  
B. Tony's Round Cheese Pizza  
Mashed Potatoes

6

A. Chicken Tenders w/Cheese Crackers  
B. Bacon Egg & Cheese Bagel Sandwich  
Baked Beans

7

A. Cheese Omelet w/Choice of Cereal  
B. Soft Shell Taco w/Crackers  
Sweet Potato Tots

8

A. Mini Corn Dogs  
B. Chicken Nuggets w/Dinner Roll  
Steamed Broccoli

9

A. Chicken Leg w/Mashed Potatoes & Breadstick  
B. Turkey/Cheese Sub  
Cooked Green Beans

10

No School  
*Hello weekend*

13

A. Pizza Bite Crunchers  
B. Boneless Chicken Wings w/Cheese Crackers  
Baked Beans

14

A. Cheese Omelet w/Choice of Cereal  
B. Deluxe Nachos  
Cooked Carrots

15

A. Chicken Nuggets w/Dinner Roll  
B. Philly Steak & Cheese Pocket  
Steamed Broccoli

16

A. Cheese Stuffed Breadsticks  
B. Pancakes w/Sausage Patties  
Cooked Green Beans

17

A. Mac & Cheese w/Dinner Roll  
B. Pepperoni Pizza  
Cooked Garden Corn  
Fruit Roll Up  
St Patrick's Day



20

A. Chicken Leg w/Mashed Potatoes & Breadstick  
B. Cheese Stuffed Breadsticks  
Baked Beans

21

A. Soft Shell Taco w/Crackers  
B. Hot Dog on Bun  
Sweet Potato Tots

22

A. Mini Corn Dogs  
B. Chicken Nuggets w/Dinner Roll  
Steamed Broccoli

23

A. Apple Cinnamon French Toast w/Sausage Patties  
B. Chicken Fries w/BBQ Dipping Cup  
Cooked Green Beans

24

A. Mini Cheeseburger Sliders  
B. Tony's Round Cheese Pizza  
Cooked Sweet Peas

27

A. Pepperoni Pizza Pocket  
B. Breaded Chicken Sandwich  
Baked Beans

28

A. Ham & Cheese Calzone  
B. Deluxe Nachos  
Cooked Carrots  
Frozen Sorbet Cup

29

A. Chicken Nuggets w/Dinner Roll  
B. Straw. Ban. Yogurt w/ Apple Breadstick  
Steamed Broccoli

30

A. Hot Dog on Bun  
B. Pancakes w/Sausage Patties  
Cooked Green Beans

31



### News

Lunch Price \$2.55  
Reduced Price \$.40

\*Included daily with lunch will be one of the following choices of fruit. Fresh Apples & Oranges. Canned in juice Applesauce, Peaches, Pears, and Pineapple. 100% Apple, Orange & Grape Juice. Vegetable Choices.

In addition to the daily hot choice one of the following Fresh Baby Carrots, Celery and Broccoli.

Also 1% White or Chocolate Milk. All breads and breadings are whole grain.

We serve breakfast every day in the cafeteria.  
\$.30 Reduced Price  
\$1.65 Full Pay

This institution is an equal opportunity provider