SEPTEMBER 2023



Cooked Green Beans

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	31	1 Have a Great Weekend
4 Labor Day	5 A. Cheese Omelet w/Choice of Cereal B. Soft Shell Taco w/Crackers Sweet Potato Tots	6 A. Mini Corn Dogs B. Chicken Nuggets w/Dinner Roll Steamed Broccoli	7 A. Chicken Leg w/Mashed Potatoes & Dinner Roll B. Turkey/Cheese Sub Cooked Green Beans	8 A. Turkey & Cheese Lunchable B. Pepperoni Pizza Cooked Garden Corn
11 A. Pizza Bite Crunchers B. Boneless Chicken Wings w/Cheese Crackers Baked Beans	A. Cheese Omelet w/Choice of Cereal B. Deluxe Nachos Cooked Carrots	13 A. Chicken Nuggets w/Dinner Roll B. Cheese Quesadilla Steamed Broccoli	14 A. Cheese Stuffed Breadsticks B. Pancakes w/Sausage Patties Cooked Green Beans	No School Enjoy the Weekend!
18 A. Chicken Leg w/Mashed Potatoes & Dinner Roll B. Cheese Stuffed Breadsticks Baked Beans	A. Soft Shell Taco w/Crackers B. Hot Dog on Bun Sweet Potato Tots	A. Mini Corn Dogs B. Chicken Nuggets w/Dinner Roll Steamed Broccoli	A. Apple Cinnamon French Toast w/Sausage Patties B. Chicken Fries w/BBQ Dipping Cup Cooked Green Beans	A. Cheeseburger B. Tony's Round Cheese Pizza Cooked Sweet Peas
25 A. Pepperoni Pizza Pocket B. Breaded Chicken Sandwich Baked Beans	26 A. Ham & Cheese Calzone B. Deluxe Nachos Cooked Carrots Frozen Sorbet Cup	A. Chicken Nuggets w/Dinner Roll B. Straw. Ban. Yogurt w/ Apple Breadstick Steamed Broccoli	A. Italian Pull Apart Cheese & Garlic Bread w/Dip. Sauce B. Pancakes w/Sausage Patties	29 A. Hot Dog on Bun B. Tony's Round Cheese Pizza Mashed Potatoes

News

Meals are <u>FREE</u> this year!

*Included daily with lunch will be one of the following choices of fruit. Fresh Apples & Oranges. Canned in juice Applesauce, Peaches, Pears, and Pineapple, 100% Apple, Orange & Grape Juice. Vegetable Choices. In addition to the daily hot choice one of the following Fresh Baby Carrots, Celery and Broccoli. Also 1% White or Chocolate Milk. All breads and breading's are whole grain.

We serve breakfast every day in the cafeteria before school.

Breakfast is also <u>FREE</u> this year!

This institution is an equal opportunity provider